



Programul antrenamentelor 2025&2026:

Luni	Marti	Miercuri	Joi	Vineri	Sambata	Duminica
16:30-18:00 2016A (LIONS-RAFA) TM	17:00-18:00 2018&19A (DRAGOMIR)	17:00-18:00 2018B (DRAGOMIR)	17:00-18:00 2016&2017 B (LIONS-STEFAN&RAFA T1)	17:00-18:00- 2016&17C LIONS-COSMIN T1)	9:00-10:30 2009&2010 (LIONS-VLAD)	9:00-10:30 2009&2010 (LIONS-VLAD)
18:00-19:00 2014&15A (LIONS-VALI)	16:30-18:00 2017A (LIONS-STEFAN)	17:00-18:00 2019&2020(LIONS-HARA)	17:00-18:00 2019&2020 (LIONS-HARA)	17:00-18:00 2017A (LIONS-STEFAN)	9:00-10:30 2011B (LIONS-VLAD)	9:00-10:30 2011B (LIONS-VLAD)
19:00-20:00 2012&13A TM(LIONS-MATTEO)	18:00-19:00 2016&2017 B (LIONS-HARA T1)	18:00-19:00 2016A (LIONS-RAFA)	18:00-19:00 2018&19A (DRAGOMIR)	18:00-19:00 2016A (LIONS-RAFA) TM	9:00-10:30 2012&13B TM (LIONS-VLAD)	9:00-10:30 2012&13B TM (LIONS-VLAD)
	18:00-19:00- 2014&15B T2(LIONS-COSMIN T2)	19:00-20:00 2012&13A TM(LIONS-MATTEO)	18:00-19:00 2017A (LIONS-STEFAN)	18:30-20:00 2014&15A (DANUBIANA-VALI)	10:30-12:00- 2016&17C (LIONS-COSMIN)	10:30-12:00- 2016&17C (LIONS-COSMIN)
	18:30-20:00 2014&15A (LIONS-VALI)		19:00-20:30 2012&13A TM(LIONS-MATTEO)	TM	10:30-11:30 2018B (MIHAI)	10:30-11:30 2018B (MIHAI)

				<p>19:00-20:00 2018&19A (DRAGOMIR)</p> <p>19:00-20:00 2016&2017 B (LIONS- HARALAMBIE)</p>	<p>11:30-13:00- 2014&15B T2(LIONS- COSMIN)</p> <p>12:00-13:00 2019&2020 (LIONS-MIHAI)</p>	<p>11:30-13:00- 2014&15B T2(LIONS- COSMIN)</p>
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***PROGRAMUL INTRA IN VIGOARE DE PE DATA DE 5 SEPTEMBRIE 2025**
***ATENIE SA SE CITEASCA LOCATIA SI ORA CU ATENTIE! MULTUMIM!**

GRUP EFECTIV DE ANTRENORI:

Barbu Valentin, Boingiu Adrian, Buga Matteo, Caliman Stefan, Cosmin Sarau, Dragomir Gabriel, Haralambie Florin, Visan Rafael.

DIRECTOR SPORTIV: CALIMAN STEFAN

ANTRENOR COORDONATOR: ADRIAN BOIANGIU